

PreviGuthealth bundle components



PreviGuthealth promotes intestinal health and wellness. Along with your overall well-being you may also benefit from weight loss, better quality of life, healthier skin, stronger mental resilience, and more.

Sensitivity panels

ALCAT GUTHEALTH

330 sensitivities tested

- 250 Foods
- 50 Nutraceuticals

BONUS:

- 30 Chemical sensitivities

FREE educational group sessions

Gut biomarkers

CELIAC, IBS, CROHN'S ARRAY (CICA)

Gut biomarkers tested

- **Genes:** HLA-DQ genotypes associated with celiac disease; ATG16L1 + NOD2 genes associated with Crohn's disease.
- **Antibodies:** elevated DGP IgG/IgA + tTG IgG/IgA are associated with active/untreated celiac. Total serum IgA as a measurement to qualify IgA testing for tissue transglutaminase (tTG) and deaminated gliadin peptide (DGP) antibody levels.
- **Anti-Saccharomyces cerevisiae antibody (ASCA)** is frequently associated with Crohn's disease. High levels of ASCA may also reflect increased intestinal inflammation and gut permeability.

FREE
personal results
review

250 food sensitivities

	(50 Food Panel)		100 Food Panel 50 Food Panel Plus Items Below		150 Food Panel 100 Food Panel Plus Items Below		200 Food Panel 150 Food Panel Plus Items Below		250 Food Panel 200 Food Panel Plus Items Below	
FOOD PANELS	Apple	Iceberg	Almond	Goat's Milk	Amaranth	Malt	Acorn Squash	Maple Sugar	Adzuki Beans	Mustard
	Baker's Yeast	Lettuce	Asparagus	Grapefruit	Apricot	Mango	Ancho Chili	Monk Fruit	Agave	Greens
	Banana	Lamb	Avocado	Green Tea	Artichoke	Navy Bean	Pepper	Mung Bean	Allspice	Nori
	Barley	Lemon	Basil	Halibut	Bay Leaf	Nutmeg	Anchovy	Mussel	Allulose	Nutritional
	Beef	Mustard Seed	Bell Pepper Mix	Honey	Blackberry	Oyster	Bison	Nectarine	Arrowroot	Yeast
	Black Pepper	Oat (GF)	Black Tea	Hops	Black Beans	Papaya	Bok Choy	Okra	Arugula	Persimmon
	Broccoli	Onion	Blueberry	Lime	Black-Eyed Pea	Paprika	Brazil Nut	Parsnip	Black Currant	Plantain
	Butternut	Orange	Brewer's Yeast	Lobster	Buckwheat	Peppermint	Cardamom	Pine Nut	Boston Bibb	Poppy seed
	Squash	Peanut	Brussels	Millet	Caraway	Pistachio	Catfish	Pomegranate	Cannellini Bean	Rapeseed
	Cabbage	Pear	Sprout	Olive	Cayenne	Pumpkin	Chamomile	Portobello	Capers	Red Palm Fruit
	Cane Sugar	Pollock	Button	Oregano	Pepper	Radish	Cilantro	Mushroom	Chia	Rhubarb
	Cantaloupe	Pork	Mushroom	Parsley	Chickpea	Raspberry	Coriander Seed	Quinoa	Chicory	Rutabaga
	Carrot	Rice	Candida	Peach	Clove	Red Beet	Endive	Romaine	Chives	Shallot
	Casein	Brown/White	albicans	Pecan	Cumin	Safflower	Fava Bean	Lettuce	Collard Greens	Sheep's Milk
	Cauliflower	Shrimp	Carob	Pineapple	Date	Sage	Fennel Seed	Rosemary	Dragon Fruit	Shiitake
	Chicken	Soybean	Cashew	Pinto Bean	Dill	Sardine	Flounder	Saffron	Dandelion Leaf	Mushroom
	Cinnamon	Strawberry	Celery	Plum	Duck	Sea Bass	Grouper	Scallion	Escarole	Spaghetti
	Cocoa	String Bean	Cherry	Rye	Fig	Sunflower	Jalapeno	Sorghum	Guava	Squash
	Corn	Sweet Potato	Clam	Salmon	Flaxseed	Tapioca	Pepper	Spelt	Habanero	Spearmint
	Cow's Milk	Tomato	Coconut	Scallop	Haddock	Thyme	Kale	Swiss Chard	Pepper	Star Fruit
	Egg White		Codfish	Sesame	Hazelnut	Tilapia	Kelp	Swordfish	Hemp	Stevia
	Egg Yolk	Turkey	Coffee	Snapper (Red)	Honeydew	Trout	Leaf Lettuce	Teff	Horseradish	Tangerine
	Garlic	Vanilla	Crab	Sole	Melon	Turnip	(Red/Green)	Turmeric	Jackfruit	Taro Root
	Gliadin	Wheat	Cranberry	Spinach	Kidney Bean	Veal	Leek	Venison	Jicama	Tarragon
	Gluten	White Potato	Cucumber	Watermelon	Kiwi	Walnut	Licorice	Watercress	Lactose	Wakame
	Grape	Yellow Squash	Eggplant	Whey	Lentil Bean		Macadamia	Wild Rice	Lychee	Seaweed
	Green Pea		Ginger		Lima Bean		Mackerel	Zucchini	Molasses	Water Chestnut
							Mahi Mahi	Squash	Mulberry	Yellow Pea

50 nutraceutical sensitivities

50 Medicinal Herbs & Functional Foods

Açaí Berry	Huperzine
Aloe Vera	Kava Kava
Ashwagandha	Lutein
Astragalus	Maitake Mushroom
Bamboo Shoot	Milk Thistle (Silymarin)
Barley Grass	Moringa
Bee Pollen	Mullein Leaf
Bilberry	Noni Berry
Black Walnut	Pau d'arco Bark
Cascara	Pine Bark (Pycnogenol)
Chlorella	Red Yeast Rice
Chondroitin	Reishi Mushroom
Dandelion Root	Resveratrol
Echinacea angustifolia	Rhodiola
Elderberry	Rooibos Tea
Essiac	Schisandra Berry
Feverfew	Senna
Ginkgo Biloba	Spirulina
Glucosamine	St John's Wort
Goji Berry	Valerian
Goldenseal	Vinpocetine
Grape Seed Extract	Wheatgrass
Guarana Seed	Wormwood
Gymnema Sylvestre	Yellow Dock
Hawthorn Berry	
Heartwood (Red Quebracho)	

Also available: 50 Women's Health Nutraceuticals

Alfalfa Leaf	Korean Ginseng
Arnica	Lavender
Black Cohosh	Lemon Balm
Blessed Thistle	Lobelia
Blue Cohosh	Maca Root
Boswellia	Marshmallow Root
Buchu Leaf	Mistletoe
Bupleurum	Motherwort
Burdock	Myrrh
Butcher's Broom Root	Nettle Leaf
Calendula	Partridge Berry
Cat's Claw	Pennyroyal
Chaparral Root	Peony Root
Chasteberry	Red Clover Flower
Cramp Bark	Red Raspberry Leaf
Damiana	Rehmannia
Dong Quai	Sarsaparilla
Evening Primrose	Siberian Ginseng
False Unicorn	Skull Cap
Fo-Ti Root	Slippery Elm
Gotu Kola	Uva Ursi
Horse Chestnut	White Willow Bark
Horsetail	Wild Yam Root
Irish Moss	Yarrow
Juniper Berry	Yerba Maté

Also available: 40 Endurance Nutraceuticals

Alfalfa Leaf	Lycopene
American Ginseng	Maca Root
Arnica	Mistletoe
Burdock	Mucuna Pruriens
Butcher's Broom Root	Muir Puama
Calendula	Myrrh
Cat's Claw	Nettle Leaf
Catuaba	Pumpkin Seed
Chaparral Root	Pygeum Bark
Cnidium Monnieri	Rehmannia
Damiana	Sarsaparilla
Deer Antler Velvet	Saw Palmetto
Dong Quai	Siberian Ginseng
Fo-Ti Root	Skull Cap
Gotu Kola	Stinging Nettle Root
Horny Goat Weed	Tribulus Terrestris
Irish Moss	Uva Ursi
Juniper Berry	Yarrow
Korean Ginseng	Yerba Maté
Lobelia	Yohimbe Bark

BOTANICALS • FUNCTIONAL FOODS

BONUS:

30 chemical sensitivities

30 Food Additives/Colorings/ Preservatives

Acid Blue #3 (Xylene Blue V)	High Fructose Corn Syrup
Acid Red #14	Lecithin (soy)
Annatto	MSG (monosodium glutamate)
Aspartame	Orris Root
Benzoic Acid	Polysorbate 80
Beta-Carotene	Red #2 (Amaranth Red)
Butylated Hydroxyanisole (BHA)	Red #3 (Erythrosine)
Butylated Hydroxytoluene (BHT)	Red #4 (Carmine)
Blue #1 (Brilliant Blue)	Red #40 (Allura Red)
Blue #2 (Indigo Carmine)	Saccharin
Brilliant Black	Sodium Sulfite
Citric Acid	Sorbic Acid
Erythritol	Sucralose (Splenda)
Green #3 (Fast Green)	Xylitol
	Yellow #5 (Tartrazine)
	Yellow #6 (Sunset Yellow)

Also available: 40 Preservatives/ Expanded Additives/ Environmental Chemicals

Acacia Gum	Mannitol
Adipic Acid	Methenamine
Ammonium Chloride	Methyl Anthranilate
Ascorbic Acid	Nickel Sulfate
Calcium Phosphate	Phosphoric Acid
Chlorine	Polydextrose
Cyclodextrin	Potash (Potassium Hydroxide)
Deltamethrin	Potassium Phosphate
D-Lactitol	Potassium Sorbate
EDTA	Potassium Tartrate
Fluoride	Sodium Acetate
Fumaric Acid	Sodium Benzoate
Glycerol	Sodium Bisulfate
Glyphosate	Sodium Lactate
Hexylresorcinol	Sodium Lauryl Sulfate (SLS)
Invertase	Sodium Propionate
Isomalt	Sodium Pyrophosphate
Lysozyme	Sodium Triphosphate
Magnesium Phosphate	Succinic Acid
Malic Acid	
Maltodextrin	

Also available: 20 Antibiotics/ Anti-Inflammatory Agents

Acetaminophen (Tylenol)	Naproxen (Aleve)
Amoxicillin	Neomycin
Ampicillin	Nystatin
Aspirin	Penicillamine
Diclofenac (Voltaren)	Penicillin
Diffunisal (Dolobid)	Piroxicam (Feldene)
Gentamicin	Streptomycin
Ibuprofen (Advil/Motrin)	Sulfamethoxazole
Indomethacin (Indocin)	Sulindac (Clinoril)
Ketoprofen	Tetracycline

CHEMICAL PANELS

Please, don't hesitate to contact us at **855-773-8463** or complete our [contact form](#).