PreviStrength bundle components

PreviStrength

PreviStrength focuses on improving and optimizing physical performance. The bundle supports enhanced muscle recovery and reduced soreness, enhanced nutrient utilization and improved energy, focus, and motivation. You may also benefit from weight loss, better digestion (gut health), healthier skin, stronger mental resilience, and more.

Sensitivity panels

ALCAT STRENGTH

364 sensitivities tested

- 250 Foods
- 50 Nutraceuticals

BONUS:
64 additional nutraceutical sensitivities

FREE educational group sessions

Micronutrients

CELLULAR NUTRITION

104 nutrients tested

CNA (Cellular Nutrition Assay):

- Nutrition status
- micronutrient insufficiencies
- individual antioxidants to counteract oxidative stress

FREE personal results review

250 food sensitivities

FOOD PANELS	(50 Food Panel)	100 Food Panel 50 Food Panel Plus Items Below	150 Food Panel 100 Food Panel Plus Items Below	200 Food Panel 150 Food Panel Plus Items Below	250 Food Panel 200 Food Panel Plus Items Below
	Apple Baker's Yeast Banana Barley Beef Black Pepper Broccoli Butternut Squash Cabbage Cane Sugar Cantaloupe Carrot Casein Cauliflower Chicken Cinnamon Cocoa Corn Cow's Milk Egg White Egg Yolk Garlic Gliadin Gluten Grape Green Pea Iceberg Lettuce Lamb Lemon Mustard Seed Oat (GF) Onion Orange Peanut Pear Pollock Pork Rice Brown/White Shrimp Soybean Strawberry String Bean Sweet Potato Tomato Tuna Turkey Vanilla Wheat White Potato Yellow Squash	Almond Asparagus Avocado Basil Bell Pepper Mix Black Tea Blueberry Brewer's Yeast Brussels Sprout Button Mushroom *Candida albicans* Carob Cashew Celery Cherry Clam Coconut Codfish Coffee Crab Cranberry Cucumber Eggplant Ginger Goat's Milk Grapefruit Green Tea Halibut Honey Hops Lime Lobster Millet Olive Oregano Parsley Peach Pecan Pineapple Pinto Bean Plum Rye Salmon Scallop Sesame Snapper (Red) Sole Spinach Watermelon Whey	Amaranth Apricot Artichoke Bay Leaf Blackberry Black Beans Black-Eyed Pea Buckwheat Caraway Cayenne Pepper Chickpea Clove Cumin Date Dill Duck Fig Flaxseed Haddock Hazelnut Honeydew Melon Kidney Bean Kiwi Lentil Bean Lima Bean Malt Mango Navy Bean Nutmeg Oyster Papaya Paprika Peppermint Pistachio Pumpkin Radish Raspberry Red Beet Safflower Sage Sardine Sea Bass Sunflower Tapioca Thyme Tilapia Trout Turnip Veal Walnut	Acorn Squash Ancho Chili Pepper Anchovy Bison Bok Choy Brazil Nut Cardamom Catfish Chamomile Cilantro Coriander Seed Endive Fava Bean Fennel Seed Flounder Grouper Jalapeño Pepper Kale Kelp Leaf Lettuce (Red/Green) Leek Licorice Macadamia Mackerel Mahi Mahi Maple Sugar Monk Fruit Mung Bean Mussel Nectarine Okra Parsnip Pine Nut Pomegranate Portobello Mushroom Quinoa Romaine Lettuce Rosemary Saffron Scallion Sorghum Spelt Swiss Chard Swordfish Teff Turmeric Venison Watercress Wild Rice Zucchini Squash	Adzuki Beans Agave Allspice Allulose Arrowroot Arugula Black Currant Boston Bibb Cannellini Bean Capers Chia Chicory Chives Collard Greens Dragon Fruit Dandelion Leaf Escarole Guava Habanero Pepper Hemp Horseradish Jackfruit Jicama Lactose Lychee Molasses Mulberry Mustard Greens Nori Nutritional Yeast Persimmon Plantain Poppy seed Rapeseed Red Palm Fruit Rhubarb Rutabaga Shallot Sheep's Milk Shiitake Mushroom Spaghetti Squash Spearmint Star Fruit Stevia Tangerine Taro Root Tarragon Wakame Seaweed Water Chestnut Yellow Pea

PreviStrength

114 nutraceutical sensitivities tested (duplicates will be omitted)

BOTANICALS ● FUNCTIONAL FOODS

50 Medicinal Herbs & Functional Foods

- Açai Berry
- Aloe Vera
- Ashwagandha
- Astragalus
- Bamboo Shoot
- Barley Grass
- Bee Pollen
- Bilberry
- Black Walnut
- Cascara
- Chlorella
- Chondroitin
- Dandelion Root
- Echinacea angustifolia
- Elderberry
- Essiac
- Feverfew
- Ginkgo Biloba
- Glucosamine
- Goji Berry
- Goldenseal
- Grape Seed Extract
- Guarana Seed
- Gymnema Sylvestre
- Hawthorn Berry
- Heartwood (Red Quebracho)
- Huperzine
- Kava Kava
- Lutein
- Maitake Mushroom
- Milk Thistle (Silymarin)
- Moringa
- Mullein Leaf
- Noni Berry
- Pau d'arco Bark
- Pine Bark (Pycnogenol)
- Red Yeast Rice
- Reishi Mushroom
- Resveratrol
- Rhodiola
- Rooibos Tea
- Schisandra Berry
- Senna
- Spirulina
- St John's Wort
- Valerian
- Vinpocetine
- Wheatgrass
- Wormwood
- Yellow Dock

BONUS 50 Women's Health Nutraceuticals

- Alfalfa Leaf
- Arnica
- Black Cohosh
- Blessed Thistle
- Blue Cohosh
- Boswellia
- Buchu Leaf
- Bupleurum
- Burdock
- Butcher's Broom Root
- Calendula
- Cat's Claw
- Chaparral Root
- Chasteberry
- Cramp Bark
- Damiana
- Dong Quai
- Evening Primrose
- False Unicorn
- Fo-Ti Root
- Gotu Kola
- Horse Chestnut
- Horsetail
- Irish Moss
- Juniper Berry
- Korean Ginseng
- Lavender
- Lemon Balm
- Lobelia
- Maca Root
- Marshmallow Root
- Mistletoe
- Motherwort
- Myrrh
- Nettle Leaf
- Partridge Berry
- Pennyroyal
- Peony Root
- Red Clover Flower
- Red Raspberry Leaf
- Rehmannia
- Sarsaparilla
- Siberian Ginseng
- Skull Cap
- Slippery Elm
- Uva Ursi
- White Willow Bark
- Wild Yam Root
- Yarrow
- Yerba Maté

BONUS 40 Endurance Nutraceuticals

- Alfalfa Leaf
- American Ginseng
- Arnica
- Burdock
- Butcher's Broom Root
- Calendula
- Cat's Claw
- Catuaba
- Chaparral Root
- Cnidium Monnieri
- Damiana
- Deer Antler Velvet
- Dong Quai
- Fo-Ti Root
- Gotu Kola
- Horny Goat Weed
- Irish Moss
- Juniper Berry
- Korean Ginseng
- Lobelia
- Lycopene
- Maca Root
- Mistletoe
- Mucuna Pruriens
- Muira Puama
- Myrrh
- Nettle Leaf
- Pumpkin Seed
- Pygeum Bark
- Rehmannia
- Sarsaparilla
- Saw Palmetto
- Siberian Ginseng
- Skull Cap
- Stinging Nettle Root
- Tribulus Terrestris
- Uva Ursi
- Yarrow
- Yerba Maté
- Yohimbe Bark

CNA / Cellular Nutrition Assay

55 micronutrient insufficiencies tested

VITAMINS

- Thiamine (vitamin B1)
- Riboflavin (vitamin B2)
- Biotin
- Cobalamin (vitamin B12)
- Folate (vitamin B9)
- Nicotinamide (Niacin, vitamin B3)
- Pantothenic Acid
- Pyridoxine (vitamin B6)
- Vitamin C
- Vitamin A
- Vitamin D
- Vitamin E (Delta-tocotrienol)
- Vitamin K1
- Vitamin K2-MK7
- Vitamin K2-MK4

MINERALS

- Boron
- Calcium
- Chromium
- Copper
- Iodine
- Iron
- Lithium
- Magnesium
- Manganese
- Molybdenum
- Potassium
- Selenium
- Strontium
- Vanadium
- Zinc

AMINO ACIDS

- Arginine
- Asparagine
- Cysteine
- Glutamine
- Glycine
- Histidine
- Isoleucine
- Leucine
- Lysine
- Methionine
- Phenylalanine
- Serine
- Taurine
- Threonine
- Tryptophan
- Tyrosine
- Valine

OTHER NUTRIENTS

- Carnitine
- Choline
- Coenzyme Q10
- Docosahexaenoic acid (DHA)
- Eicosapentaenoic acid (EPA)
- Glutathione
- Inositol
- Lipoic Acid
- Oleic acid (omega 9)

49 personalized antioxidant protection items tested

BOTANICALS, PLANT EXTRACTS, PIGMENTS, PHYTONUTRIENTS

Acai Berry
Andrographis
Astaxanthin
Astragalus
Bilberry
Boswellia
Camu Camu
Chlorophyll
Cinnamon
Echinacea
Elderberry
Garlic
Ginger
Gingko biloba
Goji Berry
Grape Seed
Green Tea
Lavender
Lycopene
Maitake mushroom
Mangosteen
Melatonin
Milk Thistle
Moringa
Noni Berry
Piperine
Pomegranate
Pycnogenol
Quercetin
Resveratrol
Rhodiola Root
Shiitake mushroom
Sulforaphane
Turmeric
Wild Cherry Bark
Zeaxanthin

ANTIOXIDANT AND ANTI-INFLAMMATORY NUTRIENTS, FATTY ACIDS, AND ENZYMES

Beta-carotene
Catalase
Coenzyme Q10
Glutathione
Lipoic Acid
Lutein
NADH
Pyrroloquinoline
Selenium
Super Oxide Dismutase (SOD)
Vitamin C
Vitamin E (Delta tocotrienol)
Zinc

Please, don't hesitate to contact us at **855-773-8463** or complete our **contact form.**